



# CLOVER SPROUTS

## Conventional and Organic



Clover Sprouts are similar to alfalfa sprouts but are sweeter. Another health benefit of eating sprouts is that clover is high in isoflavone and antioxidant content. Isoflavones are especially valuable to menopausal women because they help alleviate uncomfortable symptoms and have a preventive effect against heart disease and osteoporosis. Similar to alfalfa sprouts, clover sprouts can be used in just about anything like: salads, sandwiches, on crackers and in dips or hummus.

### GROWING STANDARDS

- ✓ Grown hydroponically
- ✓ No soil or growing medium
- ✓ Pesticide and herbicide free
- ✓ No additives or preservatives.
- ✓ Year round production
- ✓ Every lot tested for E. coli and Salmonella prior to shipping

### FAQ:

How do clover sprouts compare to alfalfa sprouts?

The flavor of clover sprouts is sweeter than alfalfa.

### SPECIFICATIONS

#### Available sizes:

8 pk. / 3 oz. (organic)  
8 pk. / 4 oz, 12 pk. / 4 oz, (conventional)  
5 lbs (organic and conventional)

**Handling and storage:**  
Store at 2.2°C/36°F

**Shelf life:**  
3-4 weeks